

# Massage Services

**BODY TREATMENTS** | Featuring luxury (Comfort Zone) products from Italy

Our Signature Tranquility unisex scent from Italy with pure essential oils of Amaranth, Cedarwood, Sweet Orange, Rose & Sandalwood to calm your mind and relax your soul.

	IN-ROOM	SPA ROOM
<b>Tranquility Massage</b> A relaxing Swedish Massage with our SIGNATURE Tranquility scented oil.		80 min 250. 110 min 310.
<b>Tranquility Body Treatment</b> Enjoy a gentle dry brush exfoliation followed by the gliding of a soft fan brush across your body with luxurious lightly unisex scented SIGNATURE Tranquility body butter. Perfect for hydration and sheer relaxation.		75 min 295.
<b>Therapeutic</b>   MOST POPULAR A combination of Swedish massage with slight firm pressure and can include a little bit of deep tissue massage in one given area (usually the upper neck and shoulders or the lower back.)	60 min 210. 90 min 265. 120 min 325.	50 min 185. 80 min 240. 110 min 300.
<b>Deep Tissue</b> Perfect for those with chronic aching pains. Massage is performed with elbows, thumbs, forearms, and trigger point work with some myofascial techniques.	60 min 230. 90 min 285. 120 min 345.	50 min 205. 80 min 260. 110 min 320.
<b>Prenatal</b> For the mom-to-be to ease aches and pains. Features the use of properly positioned pillows with light to firm pressure. Must be in the late second or third trimester or be having monthly prenatal massages. The use of heat and certain aromatherapy is contraindicated.	60 min 230.	50 min 205.
<b>Reflexology</b> Relax those tired, aching feet with reflexology trigger point work on the bottom of your feet.	60 min 230.	50 min 205.
<b>Warm Basalt Stone Massage</b> Basalt lava stones are heated and can retain their heat for long periods of time. Used in conjunction with massage therapy effleurage – adjusting pressure accordingly.	60 min 240. 90 min 295.	50 min 215. 80 min 270.
<b>Himalayan Sea Salt Massage</b> A relaxing massage with round Himalayan salt stones that enrich your skin with 52 minerals that help inflammation, tension, and stress.		50 min 215. 80 min 270.
<b>Fire &amp; Ice Massage</b> Perfect for those kinks in the neck, shoulders, and back or Charley horses in the calves. Uses a combination of warm basalt lava stones and ice-cold rollers incorporated with massage therapy techniques. Allows the muscles, tendons, and joints to relax and is great for treating inflammation,		50 min 215. 80 min 270.
<b>Warm Bamboo Massage</b> Performed with polished warm bamboo sticks as tools to roll and push the musculature facia.		50 min 215. 80 min 270.
<b>Sticks &amp; Stones</b> A combination of warm basalt stones and polished warm bamboo sticks incorporating massage therapy techniques.		50 min 215. 80 min 270.
<b>Customized Combination Massage</b> Combination of: Swedish, Therapeutic, Deep Tissue, Warm Stone, Warm Bamboo, Ice Rolling, Himalayan Salt Stones, and Reflexology.		80 min 295. 110 min 355.

## ADD ONS

- Aromatherapy 20
- Moisturizing Warm Hand Treatment 20
- Deep Tissue 20
- Foot Reflexology 25

- CBD Herbal Oil 30
- Warm Stone Massage (Back, Neck, Shoulders) 30
- Morroccan Oil Scalp Massage with Warm Hand Treatment 35